

Our History

Meals on Wheels of White Plains is a nonprofit that has been serving the community since 1979 by delivering meals directly to homebound residents who cannot shop or cook for themselves.

The program was started by a group of residents and community leaders committed to addressing food insecurity and isolation among vulnerable neighbors.

Meals on Wheels promotes diversity and addresses inequality by providing accessible social services for all vulnerable populations within White Plains including but not limited to elderly, disabled, and mentally challenged individuals.

We serve our population regardless of race, class, gender, ethnicity, age, sexual orientation or disabilities.



Meals on Wheels of White Plains

311 North Street, Suite G-5

White Plains, NY 10605

EIN# 132988167

914.946.6878

info@mowwp.org

MOWWP.ORG

Margie Ostrower
Executive Director



47 years of service

100 volunteers

20,000 meals per year

Immeasurable impact

**Countless friendships
and smiles**

MOWWP.ORG

Who qualifies for home delivery of meals?

- Residents must live in the city of White Plains and be unable to shop or cook for themselves.
- This service can be arranged on a short-term or long-term basis.
- The people who receive our service benefit by obtaining nutritious, medically appropriate meals delivered directly to their homes, as they are unable to shop or prepare food for themselves.
- Our door knock also allows for a safety check. If a client doesn't answer the door, we make phone calls to confirm they are safe.
- Our program addresses food insecurity for our clients but also provides connection and human interaction through our volunteers.

Who delivers the food?

Volunteers are the backbone of our operation. Volunteers donate an hour or two hours of their time either Monday or Thursday to deliver meals on one of our routes. When someone opens their door for a delivery, there are smiles on both faces. If you would like information about becoming a volunteer, please call our office at 914-946-6878.

How do I arrange meals for someone in need?

Please call our office to make a referral. You can also use our website privately to submit a question about signing up. Once a client is approved, it only takes two days to begin service.

How else can I help?

Please consider supporting Meals on Wheels of White Plains with a donation. You can visit our website **MOWWP.ORG** or mail in your donation to our office.

SCAN HERE
TO MAKE A
DIFFERENCE



Why should I support Meals on Wheels of White Plains?

- Our ongoing challenge is to maintain and expand this vital service in our community.
- We want to be there for all who need us and not have to turn anyone away or move to a wait list situation.
- We rely on support from the community.
- Most of our clients are unable to pay anything for their food.
- During these times, our ability to operate has become more expensive and these costs could reduce our service. In turn, it is our recipients who will suffer from any reduction in this vital service.

